

## **BIOGRAPHY OF ARTIST**

PSYCHEdelight is a participatory Theatre Company of Sanctuary founded in 2011 by Sophie Besse, a playwright and theatre director trained in both drama and therapy. We celebrate diversity and promote integration by bringing marginalised communities and local people together through our performances and workshops.

We create new work engaging those least involved in the arts, giving them an opportunity to express themselves and a platform to be heard. PSYCHEdelight has been an ITI UK approved company since 2019.